



Tatsuo Shimabuku Embu Taikai
Sunday, September 20th
7:30PM
106 White Building
Free Admission

Presented by the Penn State Karate Club
www.PennStateKarate.org



In the small village of Chan, on a small island in the south pacific, a boy was born. One day he would become a Karate Master whose art would reach beyond the shores of Okinawa and spread across the globe. On Sunday, September 20th, the Penn State Karate Club will celebrate the birth of Tatsuo Shimabuku (9/19/1908) with a special presentation of Isshin Ryu Karate and an introduction to Okinawa, the birthplace of Karate. This Embu Taikai (martial arts demonstration) will begin at 7:30PM in 106 White Building on the 20th. Admission is free.

Tatsuo Shimabuku began studying Karate with an uncle on his mother's side, Ganeku Shinko. When Tatsuo learned what he could from his uncle, Ganeku sent Tatsuo to study under Shuri-Te Master Chotoku Kyan. Tatsuo later pursued training with Naha-Te Master Chojun Miyagi, founder of Goju Ryu Karate. Shuri-Te & Naha-Te are two of the three major branches of Karate in Okinawa. A third influential Karate Master was Choki Motobu, known for his fighting skill and emphasizing effective technique over sport technique.

Shimabuku went on to develop his own style of Karate based upon what he learned from his teachers and his own innovations. On January 15th, 1956, he announced that name of his style, Isshin Ryu, which can be translated as One Heart Way.

Isshin Ryu's migration beyond the shores of Okinawa was due in a large part to U.S. Marines stationed there after WW2. Shimabuku was contracted to teach Karate the Marines. When they returned from their duties in Okinawa, they opened Isshin Ryu branch schools. Two Marines that helped Penn State Karate Club head instructor Dane Sutton establish Isshin Ryu at University Park in 1971 were Stuart Dorow and Carol Liskai. Liskai was one of the few women to study under Tatsuo Shimabuku and the only one to achieve 3rd degree Black Belt before Tatsuo's death. For 28 years, Dorow & Liskai traveled from their Oklahoma home to provide free instruction to Penn State students.

On September 20th, Penn State Karate Club members will demonstrate several Isshin Ryu katas that are representative of Tatsuo Shimabuku's primary instructors (Kyan, Miyagi & Motobu) plus a special kata created by Shimabuku that is unique to Isshin Ryu. Katas are pre-arranged sequences of techniques that help students learn Karate applications. They are living books of Karate knowledge. Audience members will also be exposed to Okinawan culture and have the opportunity to participate in a self-defense workshop learning techniques taught by Shimabuku. The Embu Taikai begins at 7:30PM in room 106 White Bldg. on Sunday the 20th.

The Penn State Karate Club promotes academic excellence, physical fitness, self-defense, leadership, and cultural exchange through the practice of traditional Okinawan Karate. Membership in the Penn State Karate Club is open to all Penn State students, faculty, and staff. New members are welcome to join any time. Fall 2015 classes are offered three times a week in 106 White Building: Tuesdays, Thursdays & Sundays starting at 7PM.